



Free Dementia Caregiver Training

Do you provide care for a loved one living with dementia?

The Savvy Caregiver® six-week program is a nationally recognized evidence-based dementia family caregiver training program, **and Georgia Memory Net is offering free classes for the first 100 qualified applicants.**

THE SAVVY CAREGIVER® PROGRAM HAS BEEN SHOWN TO:

- Teach effective dementia-caregiving skills and techniques that improve quality of life for both the caregiver and the individual living with dementia
- Provide strategies to enhance caregivers' own self-care and day-to-day time with their loved one

THE GOAL OF THIS PROGRAM:

To increase dementia caregivers' sense of competence and confidence in their care role by teaching and allowing them to practice proven skills.

INTERESTED IN REGISTERING FOR A FREE SAVVY CAREGIVER WORKSHOP?



- 1: Scan this QR code or visit: bit.ly/GMNSavvyCaregiver
- 2: Answer a few screening questions and a Georgia Memory Net representative will contact you
- 3: Qualifying candidates will receive a link to an online portal for free, live, virtual classes



FREE ONLINE LIVE CLASSES FOR DEMENTIA CAREGIVERS



Provided by:



Georgia Memory Net is sponsored by the Georgia Department of Human Services and managed by the Cognitive Neurology Program at Emory.