

# The Corner: Inspire Study Insights

## The Rundown

Winter 2024

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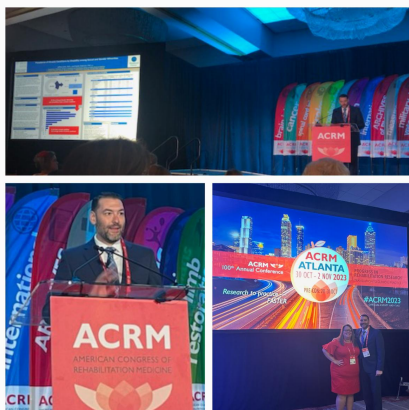
## Welcome to the Corner

The Corner: Inspire Study Insights is a quarterly newsletter that provides INSPIRE Study updates and behind-the-scenes information, groundbreaking discoveries, and helpful resources for caregivers, dementia and dementia care, and assisted living communities.

## INSPIRE Insights & Milestones

### It's Conference Season

During both October and November, INSPIRE Study Team members attended, presented, and/or were recognized at professional conferences.



Dr. Jeff Lentz was selected for the Poster



### Our first birthday!

It has been a year since we launched our study website and our social media pages! Both the site and our social media are filled with

Highlight presentation at the American Congress Rehabilitation Medicine 100th Annual Conference in Atlanta, GA on October 31, 2023. His topic was "Prevalence of Chronic Conditions by Disability among Sexual and Gender Minorities".



The Emory University School of Medicine hosted their annual SOM Research Day on November 2, 2023. The team attended and showed their support to Dr. Jeff Lentz, who had two poster presentations, Dr. Alexis Bender, who was apart the event planning and moderating, and Dr. Molly Perkins, who served as a judge.



Our Principal Investigator, Dr. Molly Perkins, and Senior Investigator, Dr. Candace Kemp, we both honored at Georgia State University's Gerontology Institute "50 Over 50" during the institute's 50 year celebration this past October.

resources and the latest insights as it pertains to the INSPIRE Study, dementia, caregiving, research, and assisted living communities. Will you join us in celebrating this milestone by visiting our website and interacting with our social media accounts by following, liking, and sharing our posts?

- Website: [emoryinspirestudy.org](https://emoryinspirestudy.org)
- Facebook
- LinkedIn
- Instagram
- X (formerly known as Twitter)

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## Use, don't lose your Clincard

We wanted to provide some helpful tips for our family caregiving participants.

- **Email us once you receive your Clincard.** It arrives in a large, white envelope with our logo shortly after you first interview. Once you notify us, we will activate and load your card with the initial \$75.
- **Keep your Clincard for your entire time in the study.** We upload funds



- on the card after each completed interview.
- **Use your card.** If your card remains unused after a certain long period of time, you will incur a fee, which will be deducted from the card balance.
- **Check the expiration date.** Be mindful of the expiration date on the card, and try to spend the funds on or before that date. If your first interview with us was in 2022, your card may expire in 2024.
- **Contact us if your card is lost or damaged.** However, if it is stolen, call the Customer Services at 1-866-952-3795.

## Meet Dr. Candace L. Kemp

Inspire Study Role: Senior Investigator

Candace L. Kemp, PhD is a Professor within the Gerontology Institute and Department of Sociology at Georgia State University. She teaches and researches topics related to aging, family, and the life course. Her work primarily examines formal and informal care work, partnerships, and networks and seeks to improve quality of life and care for older adults, especially long-term care residents, including those with dementia, and their care partners. Dr. Kemp is a Fellow of the Gerontological Society of America and serves on the editorial board of the Journals of Gerontology: Social Sciences and the Journal of Applied Gerontology.



### *What inspires you?*

So many things inspire me! In my personal life, I love nature, especially birds, and am inspired by spending time outside, including the long walks I take with my greyhound. I also am inspired by my amazing family and friends who surround and support me. In my professional life, I am inspired by all the people I've met and worked with over the years through our long-term care research. Their stories, many of which involve adversity, strength, and resilience, inspire me to keep finding ways to improve quality of life and care.

### *What is your favorite thing to do during the winter time or holiday season?*

Going home to Canada for the holidays and spending time with my family and friends is my favorite way to spend the holidays. We usually have a few family skates, go to lots of hockey games, eat well, and spend time outdoors. Sitting by the fireplace is also one of my favorite things to do.

### *What is something you are looking forward to in 2024?*

I'm looking forward to some new adventures in 2024, including traveling to a few places I've never been before.

## Meet Dominique Munroe

Inspire Study Role: Data Analyst

Dominique Munroe, MD, MPH, CHES is a clinical research interviewer at Emory University School of Medicine, Department of Family and Preventive Medicine and data analyst in the Division of Geriatrics and Gerontology. He received his M.D from the American



University of Integrated Sciences and is a recent MPH graduate from Mercer University. He has been involved in several projects and initiatives within Georgia aimed at improving healthcare within underrepresented populations, vaccine education, health equity and the implementation of behavioral interventions.

## Resources Corner

### Caregiver Worksheets

The National Institute of Aging has provided caregiver worksheets that can be used to coordinate and track care. The worksheets can be downloaded, printed, and copied.



[Read More](#)

### Special Report: The Patient Journey in an Era of New Treatments

The Alzheimer's Association published a Special Report on "The Patient Journey in an Era of New Treatments".



[Read More](#)

[Read past issues of The Corner](#)

[Visit the INSPIRE Study Website](#)



The INSPIRE Study is a statewide study designed to learn ways to better support families and others caring for residents in assisted living with advanced dementia. The study is being conducted by a multidisciplinary team of researchers from Emory University and the Gerontology Institute at Georgia State University with extensive expertise in dementia care, and is funded by the National Institute on Aging.





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Improving Assisted Living for All Involved

The Inspire Study at Emory University | 101 Woodruff Circle, Suite 2007, Atlanta, GA 30322  
<https://emoryinspirestudy.org/>

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