

The Corner: Inspire Study Insights

The Rundown

Fall 2024

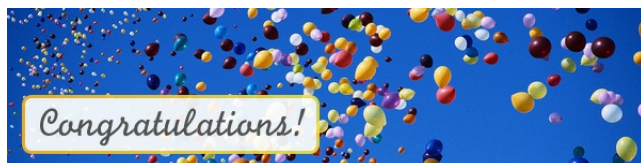
In this edition:

- Welcome to the Corner
- INSPIRE Insights & Milestones
- November Awareness Month
- Integrated Memory Care in Community (IMCC)
- Resources Corner: Family Caregiving Alliance and Culture Change Network of Georgia

Welcome to the Corner

The Corner: Inspire Study Insights is a quarterly newsletter that provides INSPIRE Study updates and behind-the-scenes information, ground-breaking discoveries, and helpful resources for caregivers, dementia and dementia care, and assisted living communities.

INSPIRE Insights & Milestones



And the nomination goes to...

The Principal and Senior Investigators of the Inspire Study team were nominated and/or recognized in the 2024 Department of Medicine's Kathy Griendling Honors & Awards at Emory University this past September.

- PI, **Dr. Molly Perkins**, was nominated for the R. Wayne Alexander Excellence in Research Award.
- The Inspire Study Project Investigators, **Dr. Molly Perkins**, **Dr. Alexis Bender**, **Dr. Carolyn**



Reminders for your Card

We wanted to provide some helpful tips for our **family caregiving participants**.

- **Email us once you receive your Clincard.** It arrives in a large, white envelope with our logo shortly after you first interview. Once you notify us, we will activate and load your card with the

Clevenger, Dr. Regine Haardorfer, Dr. Kenneth Heppburn, Dr. Candace Kemp, Dr. Michael Lepore, Dr. Miranda Moore, Dr. Regina Shih, and Dr. Mi-kyung Song, were nominated for the Team Science Award.

- PI, Dr. Molly Perkins, was recognized for her promotion to Professor with Tenure.

Congratulations to our nominees especially to our fearless leader, Dr. Molly Perkins on her promotion!



- initial \$75.
- **Keep your Clincard for your entire time in the study.** We upload funds on the card after each completed interview.
- **Use your card.** If your card remains unused after a certain long period of time, you will incur a fee, which will be deducted from the card balance.
- **Check the expiration date.** Be mindful of the expiration date on the card, and try to spend the funds on or before that date. If your first interview with us was in 2022, your card may expire in 2024.
- **Contact us if your card is lost or damaged.** However, if it was stolen, call the Customer Services at 1-866-952-3795.



November Recognizes You

November is filled with times more than just spending it with family in holiday traditions. It is a month where there is national recognition and awareness to you, as the caregiver, and those you hold dear with dementia. November is both Caregiver Awareness Month and Alzheimer's Awareness Month. Just like the rest of the country, we want to honor you in your caregiving role and the one you love with dementia.

**Learn
more**

Take Care of Yourself as a Caregiver



IMC in Community

Integrated Memory Care (IMC) is the *only primary care practice* in the U.S. specifically made for people living with dementia and their care partners. Unlike traditional health care models, the practice offers multiple medical, psychological, and social work services in one clinic located at Executive Park.

The IMC recognized that for some patients and their care partners, visiting their clinic location is not always easy. Leaving home or a senior living facility, commuting, parking, and visiting an unfamiliar location is a burden. They wanted to do all they could to be sure that patients and care partners were able to access our services. So, the IMC has developed a program that allows their team to come to you.

The Integrated Memory Care (IMC) in Community program is now active in more than 20 Atlanta-area senior living communities. For a monthly fee, residents living with dementia are provided primary and dementia care delivered right where they live. Community participants also benefit from time with a Dementia Care Assistant who works with them weekly in one-on-one activities created just for them.

The earliest family caregivers who signed up were asked what they would tell other caregivers who are interested in enrolling their people. Here are some of their comments:

"The IMC team took the pressure off of me to be constantly trying to run interference for my mother"

"I was able to make use of the IMC teams' skills to communicate with the facility staff"

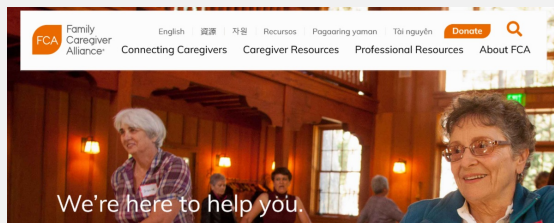
A poster for Integrated Memory Care (IMC). At the top left is the IMC logo with the text "Integrated Memory Care". To the right is a photo of an elderly couple sitting at a table with a caregiver. Below the photo is a quote: "When people like me show up, we are likely to be more than a little bit lost, in a very dark place, and feeling quite alone. They turn on the lights, tell us where we are, point us in the right direction, and show us that we are not alone." - IMC Caregiver. The main text reads: "Where Dementia is Primary". Below this, it says: "Dementia brings unique challenges for the whole family, not just the person who has been diagnosed. That's why IMC is here. This one-of-a-kind care model is available at our new clinic and select senior living communities." At the bottom left is a QR code. To its right is the text "LET'S TALK" followed by "Call us at 404-712-6929 or use the QR code. Patients must have a dementia diagnosis before establishing care." and the website "emoryhealthcare.org/imcc". At the bottom right, it says: "Emory Integrated Memory Care Clinic, 57 Executive Park South NE, Atlanta, GA 30329" and "Part of Emory Healthcare and the Nell Hodgson Woodruff School of Nursing".

“Working with the Dementia Care Assistant decreased my mother’s agitation”
“I feel like I have a team behind me!”

If this sounds like something that might be a fit for your person or someone you know, please visit our website <https://www.nursing.emory.edu/imc> and scroll down to the Community Information tab. If you are interested in more information or to determine eligibility, please click on and complete the “**Interest Form**” and someone from the program will be in touch with you.

Resources Corner

Family Caregiving Alliance
The mission of **Family Caregiver Alliance** is to improve the quality of the life for family caregivers and the people who receive their care.



Culture Change Network of Georgia

We are changing the way we think and feel about aging and disability by creating the kind of care and support we want for our loved ones and ourselves.



We are Seeking Participants

We are recruiting family members to participate in our new research program!

We are currently partnering with assisted living communities and caregivers of residents with dementia to learn about their experiences. Caregivers' insights are invaluable for better understanding the caregiver experience and this study may contribute to a positive impact on quality of life for assisted living residents.

- Contact free interviews (Zoom or phone)
- Flexible times and dates for interviews
- Must be caring for a resident in assisted living (general, memory care, or personal care home) in Georgia with moderate to severe dementia

For more information and to see if you qualify, please contact Louise Savoye, our Research Program Manager, at 470-493-0896, inspire.study@emory.edu, or scan the QR code below.

EMORY DEPARTMENT OF MEDICINE
DIVISION OF GERIATRICS AND GERONTOLOGY

Know someone who is a family caregiver of a resident with moderate to advanced dementia who lives in assisted living? We are recruiting these family members into our study. If someone is interested, have them email us at inspire.study@emory.edu.

Read past issues of The Corner

Visit the INSPIRE Study Website



The INSPIRE Study is a statewide study designed to learn ways to better support families and others caring for residents in assisted living with advanced dementia. The study is being conducted by a multidisciplinary team of researchers from Emory University and the Gerontology Institute at Georgia State University with extensive expertise in dementia care, and is funded by the National Institute on Aging.



EMORY
UNIVERSITY
SCHOOL OF
MEDICINE

**Division of Geriatrics
and Gerontology**



**GERONTOLOGY
INSTITUTE**



inspire

Improving Assisted Living for All Involved

The Inspire Study at Emory University | 101 Woodruff Circle, Suite 2007, Atlanta, GA 30322

[Unsubscribe inspire.study@emory.edu](mailto:unsubscribe.inspire.study@emory.edu)

[Constant Contact Data Notice](#)

Sent by communications@inspirestudyemoryedu.ccsend.com powered by



Try email marketing for free today!